



## Follicular blood flow, antrum growth and angiogenic mediators in mares from ovulation to deviation

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### Abstract

This study assumed that vascular perfusion, antrum growth, leptin, nitric oxide (NO) and insulin like growth factor 1 (IGF-1) play an important role during selection and deviation of mares' next dominant follicle. Five broad mares were subjected to daily rectal Doppler ultrasonographic examination and blood sampling for 2 successive estrous cycles (n = 10). Using electronic calipers, three diameters were taken to estimate area and volume of first (F1O) and second large follicles (F2O) on the ovulated ovary with first (F1C) and second large follicles (F2C) on contralateral ovary. Follicles' area, circumference, antrum area, area of color- and power- Doppler were measured in pixels. Days after ovulation affected significantly (P < 0.0001) follicles blood flow, dimensions and measured hormones. On day 4 after ovulation, the follicle that had a mean diameter of  $1.31 \pm 0.06$  and reached to  $1.41 \pm 0.06$  cm on day 5, the lowest area/cm<sup>2</sup> ( $1.38 \pm 0.18$ ), highest area/pixel ( $10229 \pm 366$ ), antrum/pixel ( $7671 \pm 357$ ), highest volume ( $5.54 \pm 0.09$ ), lowest power blood flow area ( $2060.25 \pm 8.52$ ) and percent colored pixels of follicle without antrum ( $80.57 \pm 0.72$ ) was selected. Deviation started from day 9 and completed on day 10 where the dominant follicle attained the highest diameter, area, volume, area and antrum area in pixels, color blood flow red area, and percent of colored pixels of follicle without its antrum, leptin, IGF-1 and NO but the lowest power blood flow area and percent of total follicle colored pixels. Our assumption that follicle selection and deviation did not depend only on diameter but also on blood flow, antrum growth, leptin and IGF-1 was proved.

**Keywords:** blood flow, deviation, follicle selection, mare, reproductive hormones.

### Introduction

Follicle selection and deviation in mares (Gastal *et al.*, 1997, 1999b, 2006; Donadeu and Ginther, 2004), and cattle (Ginther *et al.*, 1996; Fortune *et al.*, 2001), depended on comparing diameter of recruited follicles but other morphological dimensions of the follicle such as follicle area, volume and follicle antrum growth had not received much interest in such species. Follicular antrum growth was studied in primate (Wulff *et al.*, 2002) and recently several hypotheses were tested for explaining the development of follicular fluid within the antrum (Rodgers and Irving-Rodgers, 2010).

Follicular fluid derives mainly from plasma via the vascular component in the follicle wall (Fahiminiya and Gérard, 2010). The membrana granulosa receive their nutrients by diffusion from the vascularized theca and the antrum plays a role for determining the volume of the granulosa layer (Bächler *et al.*, 2014).

During follicle development, a broad vascular plexus creates in the theca layer surrounding the avascular basement membrane and granulosa layer (Okuda *et al.*, 1982; Feranil *et al.*, 2004). This vascular framework in individual follicles assumes a part of determination and development of the dominant follicle (Kitawaki *et al.*, 1999). During follicle growth, the extensive vascular plexus not only deliver gonadotropins and nutrients but also plays a role in the selection and growth of the dominant follicle (Wulff *et al.*, 2002). The vascular framework increased after induction of ovulation in equine (Kerban *et al.*, 1999). Doppler ultrasound had been used in cattle to study follicular blood flow of the first follicular wave and follicle deviation (Acosta *et al.*, 2005; Pancarc *et al.*, 2011; Miura *et al.*, 2014), and in mare to compare the future dominant and subordinate follicle blood flow (Gastal *et al.*, 1999a; Acosta *et al.*, 2004a, b). In mares, dominant next ovulatory follicle starts deviation from 2.2 cm till reach  $\geq 3.0$  cm in diameter but the follicle that reached diameter of 2.2 cm but transiently stopped growth then resumed growth but its diameter is always few mm lower than the dominant one (<3.0 cm) is considered next subordinate (Gastal *et al.*, 1997, 1999b; Ginther *et al.*, 2004a, 2007, 2009).

Leptin as adipocytes hormone is implicated in ovarian function and enhances ovulation (Roman *et al.*, 2005). It is also considered an angiogenic factor (Sierra-Honigmann *et al.*, 1998). Follicular fluid concentration of leptin was shown to reflect serum leptin (Agarwal *et al.*, 1999), with marked correlation between them during luteal phase (Dayi *et al.*, 2005). Granulosa cells have also the ability to synthesize leptin (Zachow and Magoffin, 1997). Follicular fluid leptin had also been implicated to atresia in small follicles (Dayi *et al.*, 2005). In mares, intrafollicular leptin concentration inversely related to the percentage of the follicle wall with blood-flow signal (Gastal *et al.*, 2010).

IGF system had been identified in the mare follicular fluid and blood (Spicer *et al.*, 1991), and has a role in follicle selection and deviation (Donadeu and Ginther, 2002; Ginther *et al.*, 2004b, c, d). Messenger RNA for IGF-I were localized to granulosa cells of small antral, subordinate, and dominant follicles (Yuan *et al.*, 1998) and IGF system was reported to have a

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critical intrafollicular role in the differential changes in concentrations of follicular-fluid factors between the future dominant and subordinate follicles, leading to the development of follicle selection (Ginther *et al.*, 2004a) and deviation in mares (Ginther, 2012).

The endothelial nitric oxide synthetase (eNOS) derived NO is the most important vasodilator and maintains a constant vasorelaxation, normal blood pressure and adequate tissue perfusion (Wood *et al.*, 2013). NO is one of such substances that plays a crucial role in folliculogenesis, regulating angiogenesis and steroid production (El-Sherry *et al.*, 2013). During follicular development, eNOS was expressed in theca cells and in mural granulosa cells and the increase of NO was correlated with the increase of estrogen (Rosselli *et al.*, 1994). Folliculogenesis involves the participation of both growth and programmed cell death, and NO regulates both of these processes (Rosselli *et al.*, 1998), so we assume a role of circulating leptin, NO and IGF-1 during follicle selection and deviation in mares.

In our locality, mares cycle all the year (Abo El-Maaty *et al.*, 2015), but breeding and foaling commences during winter (Abo El-Maaty and Gabr, 2010), so our aims were to track growth and blood flow of the two large follicles on both ovaries from the day after ovulation till one of them would achieve  $\geq 30$  mm in diameter to prove that follicle selection depends on its blood flow, dimensions, antrum expansion, leptin, NO, IGF-1 and estradiol.

## Materials and Methods

### Animals

Five non lactating brood mares (3-12 years old) of European X Egyptian crossbred horses of moderate body condition were subjected to Doppler ultrasonographic examination throughout two estrous cycles ( $n = 10$ ) for the first 12 days after ovulation. Mares were given one week off rectal examinations between the two estrous cycles. Mares were granted from the Training Department (El-Basaten Horsley, Ministry of interior) and kept in an indoor paddock with partition individually with a stallion at the end of the same stable to confirm estrus signs. Mares were kept under natural day light and temperature and artificial lightening was used at night within the paddock. Mares were maintained on a commercial pelleted ration and hay with free access to water. This study was conducted at the Department of Theriogenology, Faculty of Veterinary Medicine, Cairo University (30.0276°N, 31.2101°E) from June 15 to July 28, 2014. The Experiment was conducted in accordance with Institutional Animal Care and Use Committee (IACUC) of faculty of Science, Cairo University.

Before directing this work, mares were examined 3 times at weekly interval by ultrasound to affirm ovarian cyclicity and ovulation. Estrous regularity depended on the presence of a stallion within the same paddock with mares. No pharmacological drugs were used to synchronize estrus. Ovulation was determined by the disappearance of a large dominant

follicle ( $>30$  mm) and the development of a corpus luteum in its location and accompanied by serum progesterone levels  $>3$  ng/ml. The last day the dominant follicle monitored was considered the day of ovulation (day 0) and days after ovulation (day 1 to day 12) represented luteal phase.

### Doppler ltrasound examination

A pulsed-wave Doppler ultrasound scanner equipped with 12 MHz linear-array transrectal transducer (SonovetR3, Medison, Samsung, South Korea) was used for the examination of ovaries and uterus. All scans were performed by the same operator along the study. All exams were performed from 8 to 11 a.m. to avoid the summer high temperature and humidity. The same color- and power- flow mode of Doppler setting were used to quantify the blood flow vascularization area within the follicle wall. Identical color gain settings were used for all scans.

### Follicles

After ovulation, the two largest follicles of diameter  $\geq 10$  mm on both ovaries were tracked for deciding the next ovulatory one during development of corpus luteum. For each day, three intersecting diameters of the two large follicles per ovary were measured with the electronic calipers of the ultrasound and the maximum diameter was included in the analysis. The two large diameters were multiplied to measure the area/cm<sup>2</sup> using the equation  $(3.14 \times D_1 / 2 \times D_2 / 2)$  and the three diameters were used to measure the volume using the mathematical equation  $(4/3 \times 3.14 \times D_1 / 2 \times D_2 / 2 \times D_3 / 2)$ . Follicles were classified into first large follicle on the previously ovulated ovary and carrying the corpus luteum (F1O) and the second large follicle on the ovulatory ovary (F2O). On the contralateral ovary, the first (F1C) and second large (F2C) were also tracked.

Real-time B mode/color Doppler images were stored in the hard drive of the scanner then images were exported at the end of the experiment using a removable hard disk to a computer for blood flow area analyses in the laboratory. The blood flow areas in the follicle wall were measured by outlining a belt circumscribing the anechoic antral cavity of follicle as described in cows (Acosta *et al.*, 2003) and mares (Bollwein *et al.*, 2002). The color blood flow red and blue areas and area of single color power Doppler images were counted per pixel using Adobe PhotoShop CC software (1990-2013, Adobe Systems). A magnetic Lasso tool was used to outline the color- and power area and then a measurement was used to count the selected areas in pixels. Follicles were also outlined then their areas and circumference (perimeter) were measured in pixels. Follicle area and antrum area was also measured in pixels using the same program. The percent of the colored area in pixels of the total follicle area was measured using the equation: (area of color power Doppler in pixel/area of the follicle in pixel  $\times 100$ ). The percent of colored area of the follicle without its antrum was counted using the equation: [area of the color power Doppler in pixel/ (area of follicle in



pixel- area of antrum in pixel)x100]. As well as, area of power blood flow –area of red color blood flow was also calculated for all tracked follicles to estimate the actual vascularization within them.

#### *Blood sampling and hormone assaying*

Daily blood samples were obtained from the jugular vein shortly after ultrasound examination using vacutainer tubes with anticoagulant, then centrifuged at 2000 x g for 10 min. Plasma was harvested and stored at -18°C until hormone assaying. Leptin was assayed using Leptin ELISA (Sandwich) previously used for horses in our Laboratory (Abo El-Maaty and Gabr, 2010) using commercial solid phase ELISA kit of DRG diagnostics (EIA-2395, DRG International, Inc., USA) based on the sandwich principle. Sensitivity of the assay was 1.0 ng/ml. Intra- and inter-assay coefficients of variation were 3.1 and 9.7%. Estradiol (E2) is a commercial solid phase ELISA (EIA-2693, DRG, International, Inc., USA). The range of the assay was between 9.7 pg/ml - 2000 pg/ml, with cross reactivity with Estriol (0.05%) and Estrone (0.2%). The analytical sensitivity was found to be 9.71 pg/ml. Intra- and inter-assay coefficients of variation of estradiol were 2.71 and 6.72%. Insulin like growth factor-I (IGF-1 600) is a commercial solid phase ELISA (EIA-4140, DRG, International, Inc., USA). Range of the assay is between 1.29 - 600 ng/ml. The analytical sensitivity was found to be 1.29 ng/ml. Intra- and inter-assay coefficients of variation were 6.62 and 7.79%.

For measuring nitric oxide metabolites (NOMs), 100 µl of plasma samples were mixed with an equal volume of freshly prepared Greiss reagent and incubated for 10 min at room temperature and absorbance was measured at 540 nm using a Microtiter plate reader (Abo El-Maaty and El-Shahat, 2012). Concentrations of circulating hormones were normalized to each tracked follicle growth by referring the daily change in hormones to each follicle change in growth during days after ovulation (day 0 to day 12).

#### *Statistical analysis*

Data are presented as Mean ± SEM (Standard error of mean) using SPSS software, 2007. Simple one way ANOVA was used to study effect of class of follicle and days after ovulation on each follicle diameter/cm, area/cm<sup>2</sup>, volume/cm<sup>3</sup>, area in pixels, perimeter in pixels (circumference), antrum area, circulatory %, area of color- and power- blood flow and colored pixels %. Duncan's Multiple Range Test was used to differentiate between significant means. Data are presented in Plots with error bars. Multivariate General Linear Model was used to study the effect of days after ovulation and follicle class using the model (12 days x 4 follicle class) and animal as a co-variate on the studied parameters.

### **Results**

Class of follicle had significant affected on

diameter (P = 0.0001), area/cm<sup>2</sup> (P = 0.0001), volume/cm<sup>3</sup> (P = 0.0001), area in pixels (P = 0.0001), antrum area (P = 0.0001), circumference (P = 0.0001), circulatory % (P = 0.0001), color blood flow blue (P = 0.002), color blood flow red area (P = 0.0001), power blood flow area (P = 0.0001), colored pixels % (P = 0.001), estradiol (P = 0.0001), and progesterone (P4) concentrations (P = 0.001) of the 2 large follicles on the dominant ovary (carrying the CL) and the two follicles on the non-dominant ovary (Table 1).

Days after ovulation significantly affected diameter (P = 0.0001), area/cm<sup>2</sup> (P = 0.0001), volume/cm<sup>3</sup> (P = 0.0001), area in pixels (P = 0.0001), antrum area (P = 0.0001), circumference (P = 0.0001), circulatory % (P = 0.0001), color blood flow blue area (P = 0.0001), color blood flow red area (P = 0.0001), power blood flow area (P = 0.0001), colored pixels % (P = 0.0001), estradiol (P = 0.0001), progesterone (P = 0.0001) of the first (F1O) and second (F2O) large follicles on the dominant ovary. Also, days after ovulation affected IGF-1 (P = 0.004; P = 0.007) and leptin (P = 0.0001; P = 0.003) of F1O and F2O, respectively. On the contralateral ovary, days after ovulation affected significantly diameter (P = 0.0001), area/cm<sup>2</sup> (P = 0.0001), volume/cm<sup>3</sup> (P = 0.0001), area in pixels (P = 0.0001), antrum area (P = 0.0001), circumference (P = 0.0001), circulatory % (P = 0.001), color blood flow blue (P = 0.0001), color blood flow red area (P = 0.0001), power blood flow area (P = 0.0001), colored pixels % (P = 0.0005), estradiol (P = 0.0001), progesterone (P = 0.0001), IGF-1 (P = 0.004; P = 0.007) and leptin (P = 0.0001) of the first large follicle (F1C). Similarly, days after ovulation significantly affected the diameter (P = 0.0001), area/cm<sup>2</sup> (P = 0.0001), volume/cm<sup>3</sup> (P = 0.0001), area in pixels (P = 0.0001), antrum area (P = 0.0001), circumference (P = 0.0001), color blood flow blue (P = 0.0001), color blood flow red area (P = 0.0001), power blood flow area (P = 0.0001), area of colored pixels % (P = 0.0001), area of colored pixels without antrum % (P = 0.006), estradiol (P = 0.0001), progesterone (P = 0.0001), IGF-1 (P = 0.004) and leptin (P = 0.0001) of the second large follicle (F2C; Table 1). Effect of days after ovulation, class of follicle, days x class of follicle and animal is presented in Table 2.

Selection of the next dominant follicle started from day 4 and completed on day 5 where its diameter increased from 1.31 ± 0.06 and reached to 1.41 ± 0.06 cm on day 5, area/cm<sup>2</sup> increased from 1.38 ± 0.18 to 1.50 ± 0.30, volume increased from 5.54 ± 0.09 to 6.00 ± 0.03, area/pixel increased from 10229 ± 366 to 15188 ± 217, antrum/pixel increased from 7671 ± 357 to 12630 ± 206, color blood flow blue area increased slightly from 1435 ± 10 to 1461 ± 33, but its color blood flow red area decreased from 1403 ± 19 to 1294 ± 7.0, power blood flow area decreased from 2060.25 ± 8.52 to 1950 ± 124, colored pixels percent decreased from 20.33 ± 0.74 to 12.91 ± 0.95 and colored pixels of follicle without antrum decreased from 80.57 ± 0.72 to 76.24 ± 4.88 on day 5.

Selection of the next subordinate follicle also started from day 4 and completed on day 5 where its



diameter increased from  $1.66 \pm 0.19$  and reached to  $1.81 \pm 0.19$  cm on day 5, area/cm<sup>2</sup> increased from  $2.86 \pm 0.55$  to  $3.25 \pm 0.61$ , volume increased from  $2.78 \pm 0.68$  to  $3.28 \pm 0.77$ , area/pixel increased from  $8252.25 \pm 164.9$  to  $13085 \pm 30.65$ , antrum/pixel increased from  $5644.2 \pm 1656$  to  $10477 \pm 45.9$ , color blood flow blue area increased from  $1235.75 \pm 8.8$  to  $1284 \pm 12$ , power blood flow area increased from  $2138 \pm 43.6$  to  $2400 \pm 22.9$ , and colored pixels of follicle without antrum increased from  $78.67 \pm 2.82$  to  $83.83 \pm 4.87$  but its color blood flow red area decreased from  $1599.25 \pm 19.4$  to  $1537.75 \pm 6.4$ , and colored pixels percent decreased from  $70.18 \pm 3.18$  to  $18.34 \pm 0.15$  on day 5.

Both next dominant and next subordinate follicles continued growing till day 8 where their diameter significantly ( $P < 0.0001$ ) increased in parallel, and they attained a diameter exceeding 2 cm then deviation to dominance started from day 9 where the next dominant growth rate is higher than the next subordinate one (Fig. 1A). By day 11, the next dominant

follicle diameter exceeded 3.0 cm but the next subordinate diameter was lower than 2.6 cm.

During deviation of the next dominant follicle its diameter increased on day 9 from  $2.25 \pm 0.07$  and reached to  $3.06 \pm 0.26$  cm on day 11, area/cm<sup>2</sup> increased from  $3.83 \pm 0.59$  to  $6.28 \pm 1.36$ , volume increased from  $7.62 \pm 0.03$  to  $10.34 \pm 0.29$ , area/pixel increased from  $21023 \pm 317$  to  $26295 \pm 444$ , antrum area /pixel increased from  $18465 \pm 306$  to  $23728 \pm 424$ , color blood flow blue area increased from  $1879.25 \pm 11$  to  $2154 \pm 19$ , power blood flow area increased from  $2637.25 \pm 127$  to  $2833 \pm 131$  but its color blood flow red area decreased from  $1032 \pm 9$  to  $916 \pm 67$ , colored pixels percent decreased from  $12.59 \pm 0.69$  to  $10.83 \pm 0.67$  and colored pixels of follicle without antrum transiently increased from  $89.74 \pm 7.41$  on day 9 to  $93.99 \pm 13.26$  on day 10 then decreased sharply to  $85.76 \pm 12.60$  on 11 and continued decreasing till reach  $73.86 \pm 5.02$  on 12 after ovulation. Deviation of the next dominant follicle started from day 9 and was affirmed by a continuous increase of its antrum area.

Table 1. Mean daily change of different follicle dimensions during preovulatory period.

parameter	F1O	F2O	F1C	F2C	P-value
N	112	113	116	114	
Diameter/cm	1.98 $\pm 0.06^{b*}$	2.02 $\pm 0.04^{b*}$	2.05 $\pm 0.04^{b*}$	1.64 $\pm 0.05^{a*}$	0.0001
Area/cm <sup>2</sup>	3.15 $\pm 0.19^{a*}$	4.08 $\pm 0.21^{b*}$	3.83 $\pm 0.15^{b*}$	2.90 $\pm 0.15^{a*}$	0.0001
Volume/cm <sup>3</sup>	6.96 $\pm 0.17^{c*}$	4.53 $\pm 0.37^{a*}$	3.913 $\pm 0.25^{b*}$	2.78 $\pm 0.20^{a*}$	0.0001
Area/pixel	16539.54 $\pm 755.84^{b*}$	14043.72 $\pm 527.93^{a*}$	13863.48 $\pm 436.79^{a*}$	15441.90 $\pm 327.36^{b*}$	0.0001
Antrum area/pixel	13979.54 $\pm 528.84^{c*}$	11494.72 $\pm 527.93^{ab*}$	11253.48 $\pm 346.79^{a*}$	12548.66 $\pm 319.61^{b*}$	0.0001
Circumference	420.13 $\pm 10.73^{a*}$	465.69 $\pm 16.94^{b*}$	395.59 $\pm 13.24^{a*}$	488.32 $\pm 16.40^{b*}$	0.0001
Circulatory %	75.16 $\pm 0.55^{c*}$	72.92 $\pm 0.62^{b*}$	70.46 $\pm 0.41^{a††}$	69.98 $\pm 0.48^{a†}$	0.0001
Color blood flow blue area	1679.31 $\pm 38.75^{ab*}$	1750.95 $\pm 37.96^{bc*}$	1598.62 $\pm 31.14^{ab*}$	1862.23 $\pm 91.22^{c*}$	0.002
Color blood flow red area	1230.04 $\pm 32.24^{c*}$	982.58 $\pm 27.79^{a*}$	1135.48 $\pm 27.29^{b*}$	1268.36 $\pm 33.97^{c*}$	0.0001
Power blood flow area	2452.77 $\pm 55.21^{a*}$	2702.50 $\pm 42.27^{b*}$	2708.66 $\pm 62.52^{b*}$	2732.66 $\pm 22.40^{b*}$	0.0001
Colored pixels %	17.41 $\pm 0.84^{a*}$	20.98 $\pm 0.34^{bc*}$	22.84 $\pm 2.81^{b††}$	18.78 $\pm 0.43^{ab*}$	0.001
Colored pixels% without antrum	83.09 $\pm 1.85$	80.22 $\pm 2.11$	81.60 $\pm 2.33$	81.76 $\pm 1.81^{††}$	0.14
E2 Pg/mL	187.72 $\pm 5.94^{b*}$	157.52 $\pm 7.25^{a*}$	186.30 $\pm 6.46^{b*}$	177.74 $\pm 5.58^{b*}$	0.0001
P4 ng/mL	15.23 $\pm 0.39^*$	15.24 $\pm 0.40^*$	14.89 $\pm 0.29^*$	14.68 $\pm 0.29^*$	0.001
IGF-1ng/mL	297.06 $\pm 10.21^{††}$	288.00 $\pm 11.26^{††}$	293.30 $\pm 8.15$	289.15 $\pm 8.12^{††}$	0.90
Leptin ng/mL	12.42.53 $\pm 0.66^*$	12.87 $\pm 0.83^{††}$	12.44 $\pm 0.68^*$	12.41 $\pm 0.72^*$	0.97
NO $\mu$ mol/L	33.43 $\pm 1.39^†$	34.27 $\pm 1.93^{†*}$	32.71 $\pm 1.32^†$	33.04 $\pm 1.39^{†*}$	0.91

Means with different superscripts (a, b, c) within row are significant at  $P < 0.05$ . Within each cell the effect of days after ovulation is represented by (\*), means significant at  $P < 0.0001$ , (†) significant at  $P < 0.05$  (=0.04), (††) significant at  $P < 0.01$  ( $P = 0.004$ ), (†††) significant at  $P = 0.001$ , (†\*) significant at  $P > 0.05$  ( $P = 0.07$ ).



Table 2. Effect of days after ovulation, class of follicle, day\* class and animal on follicles dimension, blood flow parameters and circulating hormones.

Parameter	Corrected Model	Intercept	Days after ovulation	Class of follicle	Day*class	Animal	R <sup>2</sup>
Diameter/cm	0.0001	0.0001	0.0001	0.052	0.005	0.82	0.46
Area/cm <sup>2</sup>	0.0001	0.0001	0.0001	0.041	0.41	0.87	0.39
Volume/cm <sup>3</sup>	0.0001	0.0001	0.0001	0.0001	0.22	0.05	0.53
Area/pixel	0.0001	0.0001	0.0001	0.0001	0.0001	0.06	0.80
Antrum area/pixel	0.0001	0.0001	0.0001	0.0001	0.0001	0.03	0.78
Circumference	0.0001	0.0001	0.0001	0.0001	0.0001	0.25	0.49
Circulatory %	0.0001	0.0001	0.65	0.0001	0.011	0.28	0.29
Color blood flow away probe(blue)	0.0001	0.0001	0.0001	0.0001	0.28	0.0001	0.51
Color blood flow toward probe (red)	0.0001	0.0001	0.0001	0.0001	0.0001	0.22	0.69
Power blood flow area	0.0001	0.0001	0.0001	0.0001	0.008	0.21	0.65
Colored pixels %	0.02	0.0001	0.02	0.13	0.35	0.22	0.15
Colored pixels% without antrum	0.13	0.0001	0.72	0.009	0.008	0.45	0.12
E2 Pg/mL	0.0001	0.0001	0.0001	0.0001	0.0001	0.001	0.95
P4 ng/mL	0.0001	0.0001	0.0001	0.10	0.056	0.98	0.79
IGF-1ng/mL	0.0001	0.0001	0.0001	0.71	1.000	0.16	0.44
Leptin ng/mL	0.0001	0.0001	0.0001	0.98	1.000	0.0001	0.64
NO μmol/L	0.0001	0.0001	0.0001	0.97	1.000	0.0001	0.39

During deviation of the next subordinate follicle its diameter slowly increased on day 9 from  $2.24 \pm 0.18$  and reached to  $2.56 \pm 0.11$  cm on day 11, area/cm<sup>2</sup> increased from  $5.12 \pm 0.78$  to  $5.58 \pm 0.49$ , volume increased from  $6.11 \pm 1.24$  to  $7.31 \pm 0.96$ , area/pixel increased from  $16024 \pm 140$  to  $20083.2 \pm 179$ , antrum/pixel increased from  $13416 \pm 151.2$  to  $17470 \pm 190.2$ , color blood flow blue area increased from  $1533 \pm 2.95$  to  $2076 \pm 21.32$ , power blood flow area increased from  $2826 \pm 12.7$  to  $3805 \pm 12.41$  but its color blood flow red area decreased from  $960.75 \pm 3.45$  to  $844 \pm 5.15$ . The colored pixels percent of the next subordinate follicle slightly decreased from  $17.64 \pm 0.09$  transiently on day 10 to  $17.16 \pm 0.18$ , then re-increased on day 11 to reach  $18.96 \pm 0.11$  but colored pixels of follicle without antrum transiently increased from  $86.31 \pm 6.29$  on day 9 to reach  $98.01 \pm 8.22$  on day 10, then decreased sharply to  $80.48 \pm 12.42$  on 11 after ovulation. On day 9, area of the next subordinate follicle transiently decreased due to the decrease of its antrum area (Fig. 1D), that continued to increase from day 10 in a rate slower than the next dominant one.

Although area of next dominant follicle increased ( $P < 0.0001$ ) in a rate lower than the next subordinate after its selection but from day 10 the next dominant attained a higher area compared to the next

subordinate (Fig. 1B).

Both follicle area (Fig. 1C), and antrum area (Fig. 1D) measured in pixels of the both next dominant and subordinate follicles started to increase significantly ( $P < 0.0001$ ) from day 4 but the rate of increase of the next dominant is higher than that of the next subordinate (Fig. 1C).

During the increase ( $P < 0.0001$ ) of F2C circumference from day 1 till day 12 in a higher rate than that of next dominant ( $P < 0.0001$ ) and subordinate ( $P < 0.0001$ ) follicles, both selected next large follicles intersected on day 6 and day 10 (Fig. 1E). From day 9, follicle that its circumference increased transiently for one day became the next dominant while that continue increasing became the subordinate one.

Although the volume of the next dominant and subordinate significantly ( $P < 0.0001$ ) increased in parallel from day 3 but the rate of increase of next dominant follicle is higher than the next subordinate till day 12 but that of the subordinate one started to decrease starting from day 10 (Fig. 1F). On day 4, follicles having higher volume were selected but from day 10, deviation accomplished by the increase of volume of the next dominant follicle and the concomitant decrease of the next subordinate one.

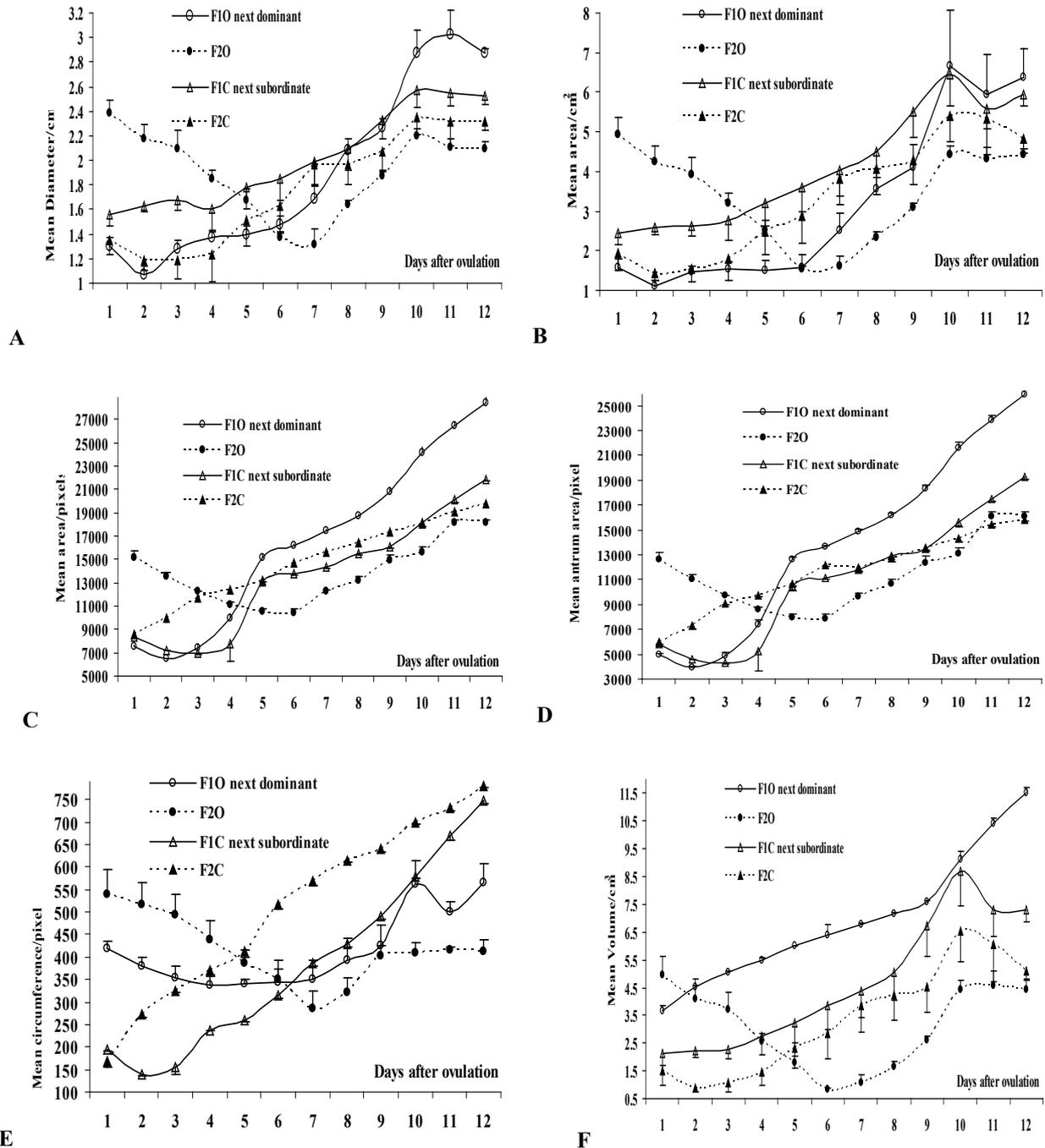


Figure 1. Mean Diameter/cm (A), area/cm<sup>2</sup> (B), area/pixel(C), antrum area/pixel (D), circumference (E) and volume/cm<sup>3</sup>(F),of first large follicle on the CL ovary (F1O, next Dominant), second large follicle on the CL ovary (F2O), first large follicle on the non-CL ovary (F1C, next subordinate) and second large follicle on the non-CL ovary (F2C) from day 1 to day 12 after ovulation in mares with error bars. Ovary carrying CL (O), contralateral ovary (C).

The color blood flow blue area of both selected follicles (Fig. 2A) started to increase significantly ( $P < 0.0001$ ) from day 4 and continued increasing till day 9. Meanwhile blood flow of the next dominant continued increasing in a steady manner till reach high values on day 12, that of the subordinate transiently decreased on day 9 then re-increased in a rate lower than that of the next dominant follicle.

On day 4, the color blood flow red area of the two selected follicles decreased significantly ( $P < 0.0001$ ). The color blood flow red area of the next dominant follicle

sharply increased on days 10 and 12 while that of the subordinate continued decreasing linearly ( $P < 0.0001$ ) till reach low values on day 12 (Fig. 2B).

On day 4, the next dominant ( $P < 0.0001$ ) and subordinate ( $P < 0.0001$ ) follicles had the same power blood flow area (Fig. 2C), but the next dominant follicle attained the lowest power blood flow area on day 5 while selection completed, after that its area of power Doppler continued increasing till day 9 but in a lower rate than the other follicles reaching a high value on day 10 then decreased again on day 11 reaching a low value



compared to others.

By comparing the percent of the colored pixels to the total area of the follicle measured in pixels, the next dominant follicle had the highest percent of colored pixels on days 1 and 2 then sharply decrease till reach the lowest colored pixels on day 5 (Fig. 2D). When deviation of the next dominant follicle started on day 9, a marked ( $P < 0.0001$ ) decrease of percent of the colored pixels was observed. By omitting area of

antrum from each follicle area, the percent of the colored pixels without antrum of the selected follicle decreased sharply from day 4 to day 5 and became the lowest one. After completed selection on day 5, the next dominant follicle had highest percent of colored pixels that continued increasing ( $P < 0.0001$ ) till day 11 and became the only follicle having the highest percent of the colored pixels without counting its antrum from day 7 till day 11 indicating a higher blood flow (Fig. 2E).

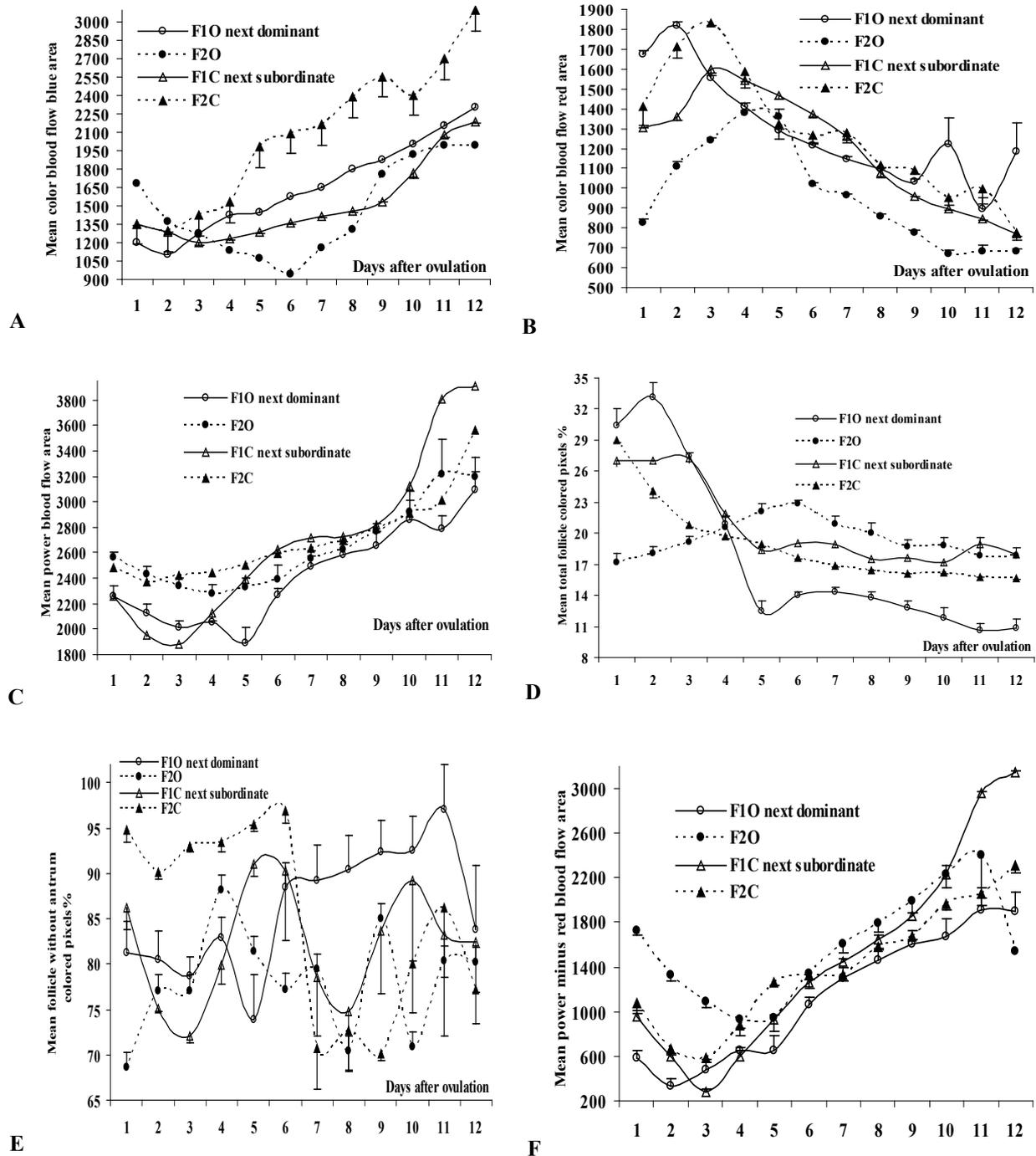


Figure 2. Mean color blood flow blue area (A), color blood flow red area (B), power blood flow area (C), percent of colored pixels of the follicle (D), percent of the colored pixels of the follicle without antrum(E) and difference between power and red color blood flow area (F) of first large follicle on the CL ovary (F1O, next Dominant), second large follicle on the CL ovary (F2O), first large follicle on the non-CL ovary (F1C, next subordinate) and second large follicle on the non-CL ovary ( F2C) from day 1 to day 12 after ovulation in mares with error bars.

Days after ovulation significantly influenced ( $P < 0.0001$ ) the difference between power and color blood flow red area of all follicles studied. It appeared from Fig. 2F that the two follicles having similar and lowest power minus red color blood flow area on day 4 were selected. The follicle had the lowest power minus red color blood flow area from day 5 till day 9 became the next dominant. The slight decrease of power minus red color blood flow area of the next dominant on day 10 indicated that

deviation is completed.

Circulating estradiol ( $P < 0.0001$ ) was referred to the growth of each follicle, it could be noticed that the two follicles growing during higher E2 on day 4 and also on day 9 became selected. Compared to other subordinates, systemic, estradiol (E2) was highest during the growth, selection and deviation of next dominant follicle indicating that E2 was necessary for selection and deviation of the next dominant follicle (Fig. 3A).

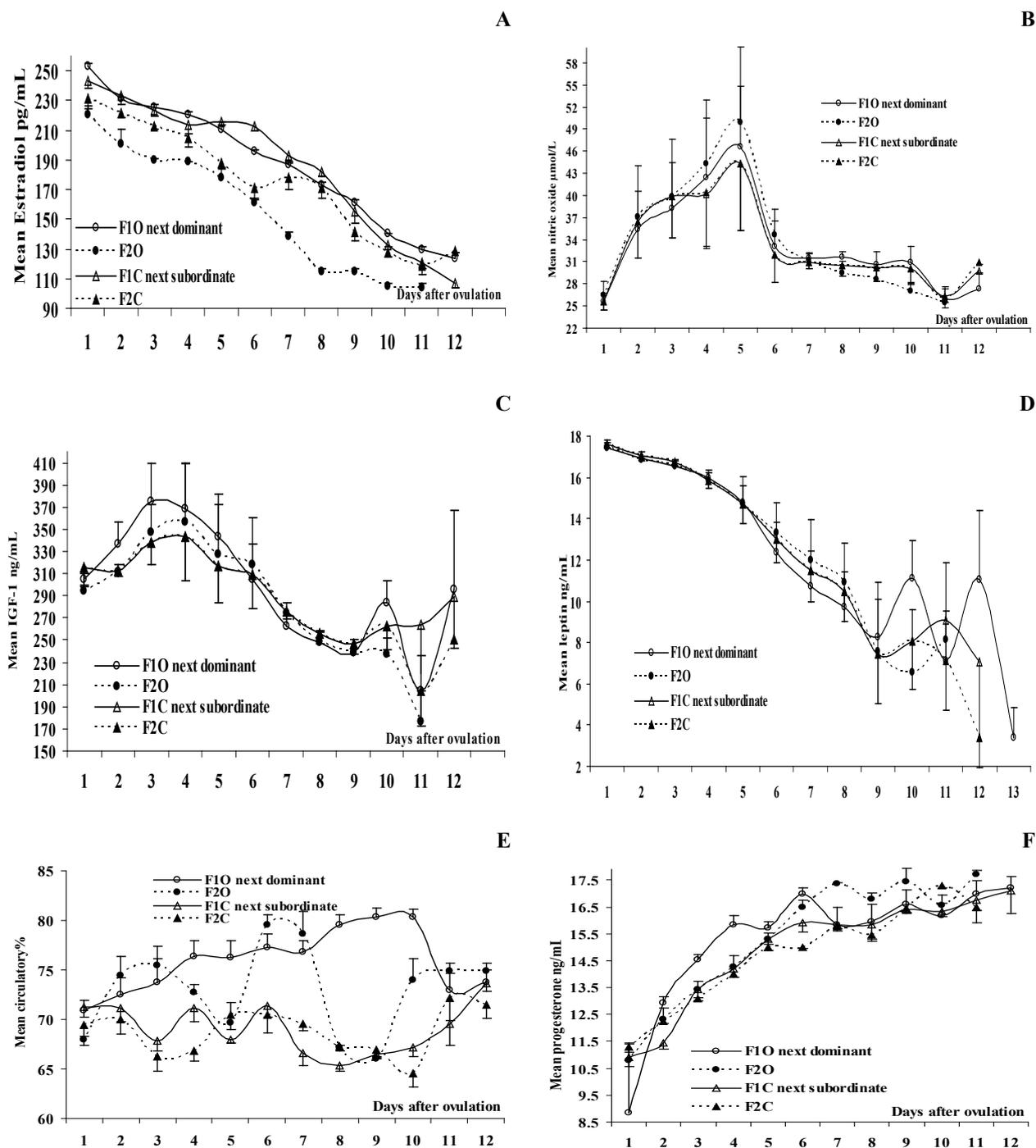


Figure 3. Mean estradiol (pg/mL, A), nitric oxide ( $\mu\text{mol/L}$ , B), Insulin like growth factor-I (IGF-1 ng/mL, C), Leptin (ng/mL, D), circulatory % (E) and progesterone (ng/mL, F) of first large follicle on the CL ovary (F1O, next Dominant), second large follicle on the CL ovary (F2O), first large follicle on the non-CL ovary (F1C, next subordinate) and second large follicle on the non-CL ovary ( F2C) from day 1 to day 12 after ovulation in mares with error bars.



The similar increasing pattern of nitric oxide (NO) concentrations from day 2 till reaching a maximum on day 5 then sharply decreased on day 6 while follicle selection was completed indicated no role during follicle selection but the slight increasing concentrations of NO from day 9 till reach a comparable higher level between the next dominant and subordinates on day 10 and again on day 12 indicated a role in follicle deviation (Fig. 3B).

Circulating IGF-1 concentration increased from day 1 till Day 3 then started to decrease till day 5 but still higher during the selection of the next dominant follicle on days 4 and 5 indicating a role during selection of the next dominant and its increasing concentrations from the lowest concentration on day 9 to reach the highest peak on day 10 and the same increase was observed again on day 12 indicated another role during its deviation and maturation (Fig. 3C).

After ovulation and during the growth of all studied follicles, circulating concentrations of leptin was similar but were decreasing from day 1 to day 5 indicating no role in selection, then it continue decreasing till day 9 but from day 9 circulating concentration of leptin increased and attained a maximum concentration that was also observed on day 12 indication a role in follicle deviation (Fig. 3D).

Follicle grew under high circulating progesterone on Day 4 were selected to be dominant and the transient decrease of progesterone ( $P < 0.0001$ ) on day 5 indicated completed selection (Fig. 3F), but the slight decrease of progesterone observed on day 8 just before deviation and on day 10 after deviation is completed indicated that low progesterone concentrations are necessary during selection and deviation of the next dominant follicle.

## Discussion

Preparation for the next ovulation starts before the current ovulation and just 2 days after ovulation, selection of next dominant and subordinates starts since the largest follicles that continued growth and reached  $>2.5$  cm were monitored during the current study. Those two days following ovulation are considered post-estrus interval days, and then followed by diestrus (Marković, 2003). In Caspian mares, the mean time interval from ovulation until estrus no longer exists was  $1.9 \pm 0.42$  days (Shirazi *et al.*, 2004). In the current study, the diameter of the four tracked large follicles on day 1 after ovulation was  $\geq 10$  mm and was similar to the diameter of the six large follicles previously reported in pony mares (Ginther *et al.*, 2007). Similarly, one out the four tracked large follicles studied continued growth and became the dominant follicle but another large follicle of nearly the same diameter reduced growth and became subordinate follicles (Gastal *et al.*, 1997, 1999b; Ginther *et al.*, 2004a, 2007, 2009). Mean diameter of the next dominant follicle at the beginning of deviation observed here was  $22.7 \pm 0.7$  mm and reached  $28.7 \pm 1.9$  mm one day later that is similar to several previously reported diameters of the future dominant follicle at the

beginning of deviation ( $23.7 \pm 0.6$  mm) in pony mares (Ginther, 1993, 2000; Donadeu and Ginther, 2004). Unlike Ginther (2000) and Ginther *et al.* (2007, 2009) but similar to Gastal *et al.*, (1999b), mean diameter of the next subordinate follicle was similar to the next dominant 1 day before starting deviation and became slightly higher than that of the next dominant ( $23.3 \pm 1.5$  mm) on the same day of starting deviation and the mean of 3 mm larger than the future subordinate follicle at the beginning of deviation was observed at the end of deviation but the growth rate of next subordinate was lower than the next dominant for 1 day after that its growth become retarded for the following 3 successive days allowing continued growth of the dominant follicle. This difference between the next dominant and subordinate follicles was not in favor of the next dominant follicle at day of starting deviation indicating that diameter was not necessary before starting deviation. In spite that deviation process started and ended nearly similar to that reviewed by Ginther *et al.* (2001) but was 5 days earlier than that reported for pony mares (Ginther *et al.*, 2007), in spite that the diameter deviation was nearly similar and this may be attributed to the difference in season, breed, cycle length, age and size of the breed between the two studies. In agreement with our study follicles of nearly similar diameter grow at an approximately similar rate and each follicle has the capacity for future dominance (Gastal *et al.*, 2004). Interestingly the current study recorded a similar increase of follicle diameter (Ginther, 1993, 2000; Donadeu and Ginther, 2004; Ginther *et al.*, 2007, 2009). This study recorded also an increase of area and volume and antrum area of the next dominant follicle around deviation indicating that volume and antrum area is as important as diameter and the follicle that attained highest area due to the progressive increase of its antrum area was selected. Antrum area played a significant role from selection to deviation of the next dominant follicle. In agreement with our results, the rate at which the follicle antrum expansion and follicular fluid accumulation differs between dominant and subordinate follicles (Fortune *et al.*, 1991; Beg *et al.*, 2001; Beg and Ginther, 2006). In this study, by subtracting the antrum area from the follicle area around deviation we conclude that granulosa layer showed no great change and the increase of the antrum area was referred to the osmotic gradient produced by granulosa cells which draws in fluid derived from the thecal vasculature and to the relative permeability of the follicular wall allowing the aquaporins of the granulosa cells to be actively involved in the transport of water into the follicle (Rodgers and Irving-Rodgers, 2010), and greater thecal vascularity and blood supply of the dominant than subordinate follicles (Zeleznik *et al.*, 1981; Redmer and Reynolds, 1996). The observed increase of the blood flow (color blood flow blue area) directed to the next dominant follicle parallel with the decrease of blood flow directed out the follicle (color blood flow red area) until completing deviation and the similar pattern of increase of percent of vascularization of the dominant follicle without antrum with the growth of the antrum confirmed the extravasations of blood



leading to increased antrum area and in turn follicular fluid (Gastal *et al.*, 1999a, 2004) and proved their role from selection to deviation. Similarly, the extravasations of blood plasma to the antrum increased not only diameter but also area and volume of the next dominant compared to the other subordinates (Ginther *et al.*, 2003).

The increased percent of color blood flow area without antrum of the selected next dominant till completed its deviation compared to the other subordinates from day 6 (3 days before deviation) till day 12 agreed with the differential blood flow velocities between dominant and subordinates that was observed 2 days earlier than diameter deviation and the continued increase of velocity in dominant and the beginning of decrease in subordinate was referred to the reduced blood velocity or vascularity in the developing subordinate follicle due to the reduced proliferation of endothelial cells in follicle capillaries and reduced theca vascularity that were early events in follicle atresia in cattle (Jiang *et al.*, 2003) and sheep (Jablonka-Sharif *et al.*, 1994). In mares of this study, the increased percent of blood flow vascularization area without antrum started 3 to 4 days before deviation of both diameter and area. Moreover, the echotexture change distinguished the future dominant follicle from the future largest subordinate follicle observed one day earlier than the beginning of diameter deviation and was attributed to increased vascularisation (Uliani *et al.*, 2011). As well as, vascular changes occurred 1 or 2 days before diameter deviation during follicle selection in mares (Acosta *et al.*, 2004b), and this was referred to increased angiogenic factors in the largest follicle one day after the expected beginning of deviation (Ginther *et al.*, 2004a). Similarly, deviation in flow area began 1 day before diameter deviation indicating that differential blood flow changes between future dominant and subordinate follicles precede diameter deviation during follicle selection through the continuation of the increasing blood supply to continue growing whereas the future subordinate follicles regress (Ginther *et al.*, 2003). Also, vasculature proliferates and regresses throughout the lifespan of the follicle and is regulated independently within each follicle potentially making the functioning of its vasculature critically important in determining its fate (Fraser, 2006). The concurrent increase of estradiol, progesterone, leptin, IGF-1 and NO with increase of present of colored pixels without antrum from selection to deviation of the next dominant follicle was also recorded where follicular dominance is not only achieved by a follicle having a more extensive vasculature but also receiving greater hormonal support (Zeleznik *et al.*, 1981). In this study, selection of the next dominant follicle did not rely on its diameter and the subordinated with larger diameter were not selected, this agreed with the explanation that selection of dominant follicle from those follicles that were estrogen active depended on vastly greater vascularisation due to angiogenic factors than their estrogen-inactive counterparts despite the estrogen-inactive follicle being larger in diameter (Grazul-Bilska *et al.*, 2007). The increased area of power blood flow area, percent of the

colored pixels and difference of area between power and red color blood flow area of the next subordinate follicle compared to the next dominant one from selection till after deviation is not supporting the previous observation that shortly after selection, there was a rapid degeneration of the thecal vasculature of the subordinate follicles initiating atresia (Jiang *et al.*, 2003; Macchiarelli *et al.*, 2006). The higher blood flow observed of next dominant follicle compared to subordinates was similar to the recorded increased blood flow area and also increased peak systolic velocity, end diastolic velocity and time average velocity during the growth of F1, F2 and F3 follicles from 6.5 mm to maximum 30.5 mm diameter that also confirmed that F1 had the highest blood flow indices (Acosta *et al.*, 2004a). Moreover, ipsilateral to the corpus luteum, ovarian artery blood flow indicated an increased in all ovarian structures and confirmed the increased blood flow area measured from day 6 after ovulation (Bollwein *et al.*, 2002). As well as, the dominant follicle had a greater thecal vascularity and blood supply than subordinate follicles (Redmer and Reynolds, 1996). However, Acosta *et al.* (2004b) demonstrated that the decreased vascularity in the future subordinate follicle began well before the growth rate of the follicle began to diminish.

Unlike the decreasing pattern of systemic estradiol from after ovulation till day 11 recorded in this study, E2 levels begin to decrease gradually 2 days after ovulation, reaching basal levels at day 5 post-ovulation (Ginther *et al.*, 2004a, 2007, Satué *et al.*, 2013). In contrast to the gradual decrease of estradiol from day 1 till day 11, Systemic estradiol concentrations increased 1 day before selection and deviation of the next dominant follicle in pony mares (Gastal *et al.*, 1999b; Ginther *et al.*, 2007). Moreover, intrafollicular estradiol concentrations increased with increasing diameter of the follicle from 15 to 25 mm and the high estradiol correlated to diameter of the larger follicles but showed no correlation to diameter of the smaller ones (Gastal *et al.*, 1999b). Follicular-fluid estradiol increased at a greater rate differentially in the largest follicle versus the second-largest follicle before the beginning of deviation in mares (Gastal *et al.*, 1999a; Donadeu and Ginther, 2002), near the beginning of deviation in diameter (Ginther *et al.*, 2001, 2003), and also near the onset of deviation (Donadeu and Ginther, 2004). Contrary to our results, increased estradiol for 2 days after deviation was characterizing multiple ovulatory follicles development (Ginther *et al.*, 2009). As well as, peripheral estradiol concentrations have been reported to increased near (Donadeu and Ginther, 2004), after (Ginther *et al.*, 2005) the beginning of natural deviation, on the same day as the beginning of deviation (Ginther *et al.*, 2007) or by 2 days after deviation (Ginther *et al.*, 2009).

In the current study, NO concentrations increased during follicle selection compared to the slight increase during follicle deviated and this increase could be referred to the role of NO in regulating granulosa-luteal cell steroidogenesis (Van Voorhis *et al.*, 1994). Moreover, NO concentrations increased in



human follicular fluid, and positively correlated with follicular volume and oestradiol concentrations (Anteby *et al.*, 1996). Systemic NO concentrations of the present study were nearly similar just before deviation and were high when deviation completed and 2 days after ending deviation. Contrary, NO concentrations were significantly lower in dominant compared to the largest subordinate the relationship between changes in follicular blood flow, NO concentrations and E2/P4 ratio was observed in follicular fluid following the beginning of diameter deviation (Pancarc *et al.*, 2011).

During follicle selection, systemic IGF-1 of the current study attained a higher peak and another lower peak attained during dominant follicle deviation and the IGF levels during the selection and deviation of the next dominant follicle were higher compared to those during the other subordinate follicles development. The plateau of increased IGF-1 after ovulation from day 3 to day 5 during follicle selection and its increase again during and after deviation supports the role of IGF-1 in follicle selection and deviation. Within the equine ovary, the production of insulin like growth factors (IGF-I, IGF-II) and insulin like growth factor binding proteins (IGFBP-2, IGFBP-5) by granulosa cells and estradiol confirmed their role in the regulation of steroidogenesis and the IGF system (Davidson *et al.*, 2002). In agreement with our results, the lowest concentration of IGFBPs indicated high free IGFs and dominance (Mihm *et al.*, 2000), and selection (Mazerbourg *et al.*, 2003). In heifers, treating the subordinate follicle with IGF-1 had led to its deviation to dominance (Shahiduzzaman, 2010). As well as, in cattle and mares, free insulin-like growth factor 1 (IGF-1) was higher in the future dominant follicle than in the future largest subordinate follicle before deviation in diameter or selection is manifested between the two follicles (Ginther *et al.*, 2004b). Similar to the increase of both circulating estradiol and IGF-1 during follicle selection and deviation observed in the current study, free IGF-1 concentration were higher only in the future dominant follicle approximately at the same time as the estradiol increase in mares (Ginther *et al.*, 2004c). Furthermore, concentrations of free IGF-I, estradiol and progesterone were found to increase in the future dominant follicle before the beginning of deviation (Donadeu and Ginther, 2002). Also treatment of mares with IGF-1 resulted in deviation of the subordinate follicle to dominance after ablating the dominant one (Ginther *et al.*, 2004a). In addition an increase in free IGF-I and oestradiol was greater in the future dominant follicle than in the other follicles before the beginning of deviation and the free IGF-I was considered the only factor needed for the initiation of deviation (Beg and Ginther, 2006). IGF-1 was also considered one of the regulators of angiogenesis in ovarian follicles and maintenance of capillary structures for final follicle maturation (Berisha *et al.*, 2016).

The results of this study showed that the high concentrations of systemic leptin decreased after ovulation and continued decreasing till the process of follicle selection ended and the process of deviation started, indicating a role only during follicle deviation.

Similarly, the observed inverse relation between percentage of follicle wall with blood flow signal and intrafollicular leptin (Gastal *et al.*, 2010). Leptin regulated angiogenesis (Bouloumie *et al.*, 1998), and gonadotropin secretion via the regulation of GnRH function (Louis *et al.*, 2011), and by activating nitric oxide synthase in the gonadotropes (Yu *et al.*, 1997). In agreement with the current results, ovaries produced small amounts of leptin and the presence of its receptors in theca and granulosa cells and oocytes in the ovary confirm its role in follicle deviation (Fruhbeck, 2006). The decrease of circulating leptin concentrations after follicle selection and deviation indicated a role since higher leptin levels interfere with dominant follicle formation and suppress estradiol production in follicles under IGF-1 augmentation, which lead to insufficient LH surge and immature follicular development (Agarwal *et al.*, 1999). Leptin accelerates follicular maturation by attenuating follicular atresia (Almog *et al.*, 2001). Leptin can also suppress estrogen production stimulated by FSH and IGF-I in ovarian granulosa cells (Zachow and Magoffin, 1997) that explained the decreased leptin concentration just after ovulation, during follicle development, selection, till shortly before deviation and its increase during deviation of the dominant follicle indicated that leptin may have no role during follicle selection but play an important role during follicle deviation. Reduced blood flow through the ovarian stroma may lead to a follicular hypoxia that in turn induces the secretion of several angiogenic factors, such as leptin, in ovarian follicles. The increase of follicular fluid leptin stimulated angiogenesis under physiological and pathophysiological conditions (Barroso *et al.*, 1999).

This study concluded that follicle diameter was not the only indicative marker of next dominant follicle selection and deviation but the process of follicle selection and deviation is a complicated process augments several factors some related to the follicles such as area, antrum area and volume while others related to vascularization within the follicle and blood flow in addition to the hormones controlling both follicle growth and angiogenesis.

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#### Conflict of interest

The authors declare that they don't have any conflict of interest.

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